

ARE WE LEARNING HAND TECHNIQUE WRONG? - STUDY GUIDE

YOUTUBE VIDEO

WHY THIS VIDEO?

- I'VE NOTICED A PROLIFERATION OF PRACTICE PAD VIDEOS - PRACTICALLY EVERYBODY HAS ONE, LEADING ME TO WONDER "WHY ARE THEY SO HIGH A PERCENTAGE?"

HANDS ARE VERY IMPORTANT - HERE'S WHY

- REASON 1 - CONSISTENT SOUNDS
- REASON 2 - INJURY PREVENTION
- REASON 3 - MASACOTE
- REASON 4 - BREAKING POINTS

HANDS ARE IMPORTANT 2 - DETAIL

- REASON 1 DETAILS - EVEN IS YOU THINK YOU WANT TO BE A "GROOVE" PLAYER, YOU NEED TECHNIQUE FOR DYNAMICS AND GOOD SOUNDS.
- REASON 2 DETAILS - IF YOU'RE GOING TO BE PLAYING YOUR WHOLE LIFE, TECHNIQUE PREVENTS INJURY.
- REASON 3 DETAILS - YOU CAN'T CREATE A "GROOVE" WITHOUT CONTROLLING YOUR PLACEMENT
- REASON 4 DETAILS - IF YOU WANT TO PLAY ANYTHING FAST, YOUR HANDS WILL BE A LIMITING FACTOR.

SO WHAT'S THE PROBLEM?

- MEDIA EMPHASIZES THE PRACTICE PAD AND PAD-SPECIFIC EXERCISES A *TON*. THAT'S FINE, EXCEPT...
- 1) INTEGRATING ALL THE LIMBS TAKES A TON OF TIME
- 2) WE CAN PRACTICE HANDS ON THE FULL KIT AS WELL, AND TIME IS FINITE.

SO...WHA?

- PAD WORK IS GREAT IN CERTAIN CIRCUMSTANCES, AND IF WE WANT TO PLAY IT AS ITS OWN DISCIPLINE BECAUSE IT'S FUN, GREAT!
- BUT WE SHOULD BE CAREFUL DEVOTING SO MUCH TIME TO THE PAD UNCRITICALLY AND PRETENDING THAT'S THE MOST OPTIMAL WAY TO GET BETTER AT THE KIT.

**BACKGROUND
INFO**

**ARE
HANDS
IMPORTANT**

**WHY ARE
HANDS
IMPORTANT**

**ISSUES
WITH
STATUS QUO**

CONCLUSION

